

# The Wolf Moon

First Full Moon of the New Year

Also called the Spirit Moon or Cold Moon

The Name Came From Hearing The Wolfs  
Howl While Gazing at the Night sky

Since it is the First Full Moon it is a Great  
Time to Set Intentions for The New Year

This Full Moon is Under Cancer

This is a Time When Feelings Will Come to  
Surface, Wether You like it or Not



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