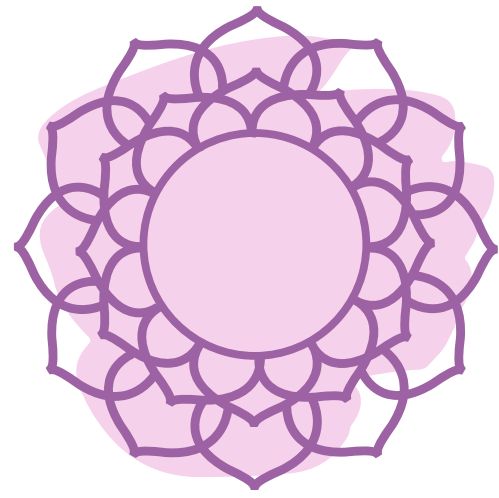


Printable Chakra Chart

CROWN

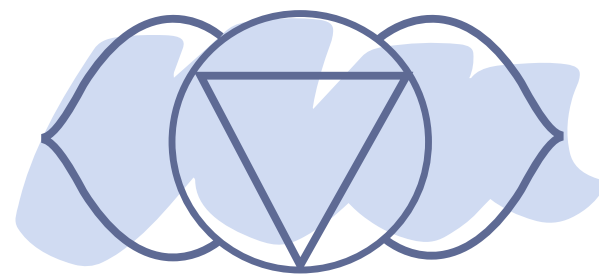
Sahasrara



Element: COSMIC ENERGY
Beyond your physical self

THIRD EYE

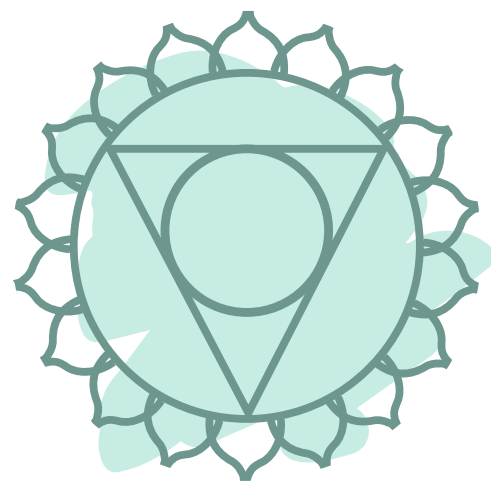
Ajna



Element: LIGHT
Intuition and having an open mind

THROAT

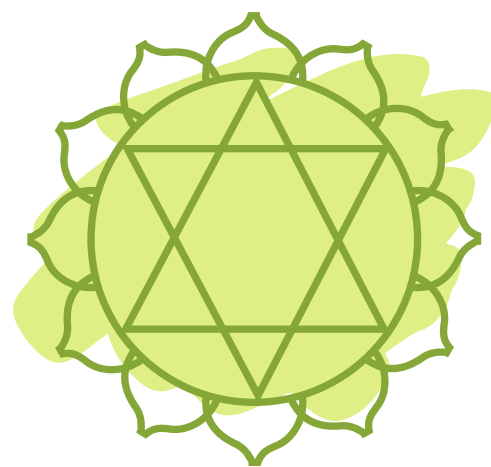
Vishuddha



Element: SOUND
Speak your truth, connect spiritually

HEART

Anahata



Element: AIR
Love, compassion and inner beauty

SOLAR PLEXUS

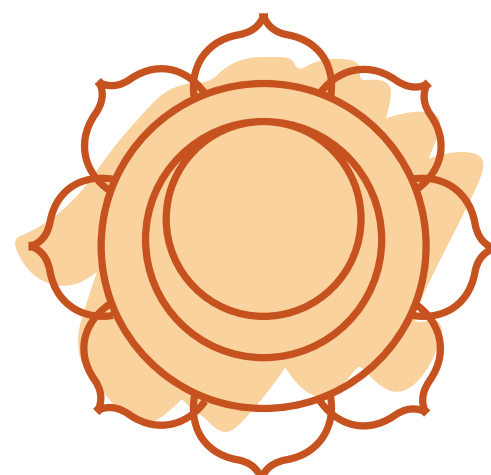
Manipura



Element: FIRE
Personal power, independence, taking action

SACRAL

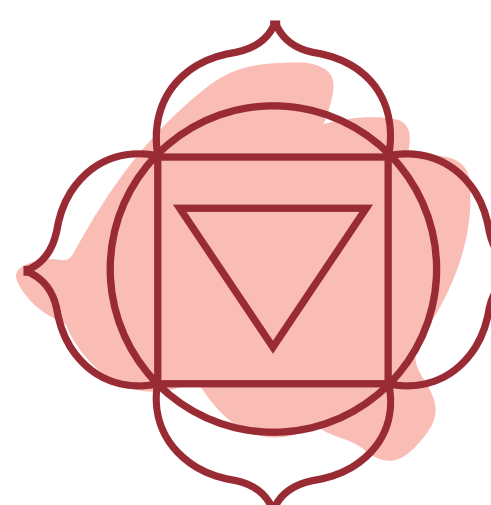
Svadhishthana



Element: WATER
Emotions, create creatively, sexuality

ROOT

Muladhara



Element: EARTH
Basic needs and to be grounded